

Give Us This Day Our Daily Bread

Opening Prayer Heavenly Father, You provide for all our needs of body and soul. Help us to always be mindful that you give to us exactly what we need so that we may live our lives completely content with what you provide. Help us to rejoice in thankfulness to you and thoughtfulness to others. Let our conversation and our thoughts glorify You. In Jesus' name. Amen.

Fill in the Blank/Questions—Responding to the Talk in the Big Room

- The question that the Lord's prayer answers is: _____?
- "Give us this day our daily bread" is a reminder for us to:
 - Be _____ (grateful for all God has given us—good or bad!)
 - Be _____ (satisfied with all the gifts in our lives)
 - Be _____ (thinking not just about us but others)
- We depend on God for all things physical and _____.
- Jesus talks about how the birds and the flowers are examples to us that we should not _____. He tells us this in Matthew chapter _____.

What Does This Mean? (Catechism Time)

Turn in your catechisms to page 192. Fill in the blanks below for the answer to questions 221 and 222 in the spaces below:

221. *What does God want us to do for those who are unable to work for daily food?*

God does not want us to be _____ but to _____ with those who are _____ to work and to include them in our prayers for _____.

222. *Why does Jesus have us say "this day" and "daily"?*

These words teach us not to be _____ or _____ or to _____ about the future but to live contentedly in the _____ that the Lord will give us what we _____.

Questions for Your Crew (Be sure to write your thoughts!)

- What are your daily needs? See how many you can write down in the space below.

- Now let's compare what we wrote. How are our lists similar? How are they different?

This is Most Certainly True (Bible Time)

- Read Exodus 16:1-3.
 - This moment is less than two months after God freed the Israelites from slavery in Egypt, which was kind of a big deal. Talk as a group about everything you remember about God freeing the Israelites.
 - With that in mind, what do you think about what the Israelites say here in these first three verses? Are they justified by what they're saying? Are they being dramatic? Why?

- They seemed to be pretty happy when they were freed. What do you think happened that changed their attitude? How could they so quickly forget?
 - What do you think might have been a more helpful response to their need for food?
 - How would you respond if you were God?
- Let's see how God does respond. Read Exodus 16:4-21.
- What does this moment in the history of God's people teach us about daily bread? How does this connect to what we've talked about tonight?
 - God doesn't rain down manna for us every day. Instead, how does God give us our daily bread?

More Questions for Your Crew!

- Which do you think is hardest and why: to be content, to be thankful, or to be thoughtful?
- What are the top three things students your age worry about? How does God provide for those worries?
- Think about someone who doesn't seem to worry but trusts God with everything He provides. What do you think helps them to become like that? What might we learn from someone like that?
- God provides for all of our needs physically *and* spiritually. What are some spiritual needs that you feel like most students your age don't usually have met? Why do you think that is?
- How can God use students like you to help provide for others daily needs (physical or spiritual)?

Seeing Your World Through the Lord's Prayer

Same routine as the past few weeks. Tonight, our goal is to write prayers for each of the things we pray about in light of this reality: that God provides our daily bread.

In the space below:

- Look at each prompt below and think about something in your life in this area that you could pray about.
- Then write a prayer specifically focusing on the fact that God provides your daily bread.

Remember, prayer is simply talking with God! That's it. So just write like you would talk to Him.

I would like to pray for this person in my life: _____

My prayer: _____

When I think about my life, I want: _____

My prayer: _____

I need guidance for: _____

My prayer: _____

When I think about this next week, protect me from: _____

My prayer: _____

Here's my challenge to you for this week: every time you pray this week, pray remembering that God provides your daily bread and see what words come to mind as you lift up various prayer requests this week.

Share Highs and Lows

Closing Prayer Heavenly Father, help us to always have Your will in mind as we go about our week. Your Kingdom is all around us, but we ask for Your help to see it and to renew within us a desire for it. Help us to rely on You for every good gift and all of our needs. Remind us daily of the forgiveness You promise us so that we might also be forgiving. Be our guide this week, help us to keep Your name holy, and protect us from what may come our way that we might always be held and known by You. In Jesus' name. Amen.