

# Unit 4: How Do I Live My Life?

- Ultimate lesson: The Lord's prayer teaches us to daily receive God's gifts and commend our lives to Him.
- What is Prayer?
  - Talking to God in words and thoughts.
  - "Jesus never taught His disciples how to preach; only how to pray."
- Ways to pray (p98-99 in journal)
  - A-C-T-S
  - "Simple Way to Pray"
  - Circle Out
  - Spontaneous, Biblical, Written, from memory
  - Don't be afraid to Google
  - Prayer takes practice—it's okay if you're just starting!
- Walked through the Lords' Prayer
  - Our Father, who art in heaven
    - The word is *Abba*, like Papa.
    - So we pray, "Heavenly Father..."
  - Hallowed be Thy name.
    - He desires us to keep His name holy, not make it holy.
    - So we pray, "Most Holy God..."
  - Thy kingdom come
    - Three ways to think of the kingdom:
      - Power (all of creation)
      - Grace (where His Word is spread or heard)
      - Glory (still coming with Jesus)
    - So we pray, "Bringer of the Kingdom..."
  - Thy will be done on earth as it is in heaven
    - God's will is that all people come to know Him as their Father and live under the reign and rule of His Son.
    - How do we know God's will?
      - What does the Bible have to say about it?
      - What's the wisdom of mature Christians I trust?
      - What is the Spirit telling me through circumstances?
      - Have I prayed over it?
    - So we pray, "To the One who knows better than I do..."
  - Give us this day our daily bread
    - Teaches us to be thankful, content, and thoughtful
    - So we pray, "Provider of all that I need..."
  - And forgive us our trespasses as we forgive those who trespass against us
    - Because of what Jesus did we pray this with honesty, humility, and confidence
    - We forgive like God does: immediately, fully, freely, and frequently
    - So we pray, "Merciful and forgiving Father..."
  - Lead us not into temptation
    - The doors are always opening—no temptation to great for God
    - So we pray, "My leader and protector..."
  - But deliver us from evil
    - We live without fear. Satan has no weapon we can't call out.
    - So we pray, "Great deliverer..."

# **Start the Conversation Now:**

## **The Goal is for them to be able to Articulate Their Faith**

- **Unit 1**

- What is confirmation? What does it mean to be confirmed?
- What does it mean to be a Christian?
- What's the Bible?
  - What's the point of the Bible? Or what's its central message?
  - The Bible works in mainly two ways (or functions) on our lives. What are those two ways?
  - Why are they both important?

- **Unit 2**

- Who are you?
- What's your purpose?
- Tell me about the Ten Commandments.
- How do the Ten Commandments help answer the question: Who am I?
  - What are the three uses of the Law?
  - What does it mean to love God with all your heart, soul, and strength?
  - What are the first three commandments and what do they have to do with loving God?
  - What does it mean to love your neighbor as yourself?
  - What are commandments 4-10 and what do they have to do with loving your neighbor?
  - Which commandment is easiest? Which is the hardest?

- **Unit 3**

- Who is God?
- Tell me about the Apostles' Creed.
- How does the Apostles' Creed help answer the question: Who is God?
  - Tell me about the Trinity. What does it mean that we believe in the Trine God?
  - Tell me about God the Father. Who is He? What did He do? What does He do?
  - Tell me about Jesus. Who is He? What did He do? What does He do?
  - Tell me about the Holy Spirit. Who is He? What did He do? What does He do?

- **Unit 4**

- How should you live your life?
- Tell me about the Lord's Prayer.
- How does the Lord's Prayer help answer the question: How do I live my life?
  - What is prayer?
  - How would you summarize what the Lord's prayer helps us to do?
  - What parts of the Lord's Prayer help you to daily receive His gifts?
  - What parts help you to daily commend your life to Him?
  - What part of the Lord's Prayer is the easiest for you to follow through with? Which is the hardest?